

Curriculum Vita
Brandon J. Schmeichel

Department of Psychology
Texas A&M University
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EMPLOYMENT:

Texas A&M University

Assistant Professor, Department of Psychology, 2005 – Present

EDUCATION:

Florida State University

Ph. D. in Social Psychology, 2005 (with Roy Baumeister)

Ego depletion, working memory, and the executive function of the self

Georgia Southern University

M. S. in Experimental Psychology, 2000 (with Will McIntosh)

Self-focused attention and subjective time

University of Nebraska – Lincoln

B. A. in Psychology, 1996

ACADEMIC HONORS AND AWARDS:

APA Dissertation Research Award

NIH—NIMH National Research Service Award (Predoctoral Fellowship)

SPSP Graduate Student Poster Award

Mensa Award for Excellence in Research

Brigham Award (Best Paper in Social Psychology by FSU Student)

SPSP Summer Institute in Social Psychology (*Social Neuroscience*)

SPSP Student Travel Award

RESEARCH INTERESTS:

I have broad interests in social and personality psychology, particularly the human capacity for self-regulation and self-control. Specifically, I am interested in willpower, choice, memory, and emotion regulation.

PEER-REVIEWED PUBLICATIONS:

- Gailliot, M. T., Baumeister, R. F., DeWall, C. N., Maner, J. K., Plant, E. A., Brewer, L. E., & **Schmeichel, B. J.** (in press). Self-control relies on glucose as a limited energy source: Willpower is more than a metaphor. *Journal of Personality and Social Psychology*.
- Gailliot, M. T., **Schmeichel, B. J.**, & Maner, J. K. (in press). Differentiating the effects of self-control and self-esteem on reactions to mortality salience. *Journal of Experimental Social Psychology*.
- Schmeichel, B. J.** (in press). Attention control, memory updating, and emotion regulation temporarily reduce the capacity for executive control. *Journal of Experimental Psychology: General*.
- Schmeichel, B. J.**, & Zell, A. (in press). Trait self-control predicts performance on behavioral tests of self-control. *Journal of Personality*.
- Demaree, H. A., Pu, J., Robinson, J. L., **Schmeichel, B. J.**, & Everhart, D. E. (2006). Predicting facial valence to negative stimuli from resting RSA: Not a function of active emotion regulation. *Cognition and Emotion, 20*, 161-176.
- Demaree, H. A., **Schmeichel, B. J.**, Robinson, J. L., Pu, J., Everhart, D. E., & Berntson, G. G. (2006). Up- and down-regulating facial disgust: Affective, vagal, sympathetic, and respiratory consequences. *Biological Psychology, 71*, 90-99.
- Gailliot, M. T., **Schmeichel, B. J.**, & Baumeister, R. F. (2006). Self-regulatory processes defend against the threat of death: Effects of self-control depletion and trait self-control on thoughts and fears of dying. *Journal of Personality and Social Psychology, 91*, 49-62.
- Schmeichel, B. J.**, Demaree, H. A., Robinson, J. L., & Pu, J. (2006). Ego depletion by response exaggeration. *Journal of Experimental Social Psychology, 42*, 95-102.
- Schmeichel, B. J.**, & Martens, A. (2005). Self-affirmation and mortality salience: Affirming values reduces worldview defense and death-thought accessibility. *Personality and Social Psychology Bulletin, 31*, 658-667.
- Demaree, H. A., **Schmeichel, B. J.**, Robinson, J. L., & Everhart, D. E. (2004). Behavioral, affective, and physiological effects of negative and positive emotional exaggeration. *Cognition and Emotion, 18*, 1079-1097.

Demaree, H. A., Robinson, J. L., Everhart, D. E., & **Schmeichel, B. J.** (2004). Resting RSA is associated with natural and self-regulated responses to negative emotional stimuli. *Brain and Cognition, 56*, 14-23.

McIntosh, W. D., & **Schmeichel, B.** (2004). Collectors and collecting: A social psychological perspective. *Leisure Sciences, 26*, 85-91.

Schmeichel, B. J., Vohs, K. D., & Baumeister, R. F. (2003). Ego depletion and intelligent performance: Role of the self in logical reasoning and other information processing. *Journal of Personality and Social Psychology, 85*, 33-46.

Vohs, K. D., & **Schmeichel, B. J.** (2003). Self-regulation and the extended now: Controlling the self alters the subjective experience of time. *Journal of Personality and Social Psychology, 85*, 217-230.

BOOK CHAPTERS and REVIEW ARTICLES:

Baumeister, R. F., **Schmeichel, B. J.**, & Vohs, K. D. (in press). Self-regulation and the executive function: The self as controlling agent. In A. W. Kruglanski & E. T. Higgins (Eds.), *Social Psychology: Handbook of basic principles* (Second edition).

Schmeichel, B. J. (in press). Executive function (of self). In R. F. Baumeister & K. D. Vohs (Eds.), *Encyclopedia of social psychology*. Thousand Oaks, California: Sage Publications.

Vohs, K. D., & **Schmeichel, B. J.** (in press). Self-regulation: How and why people reach (and fail to reach) their goals. In C. Sedikides & S. Spencer (Eds.), *Frontiers in social psychology: The self*. Philadelphia, PA: Psychology Press.

Schmeichel, B. J., & Baumeister, R. F. (2004). Self-regulatory strength. In R. F. Baumeister & K. D. Vohs (Eds.), *Handbook of self-regulation* (pp. 84-98). New York: Guilford Press.

Tice, D. M., Twenge, J. M., & **Schmeichel, B. J.** (2002). Threatened selves: The effects of social exclusion on prosocial and antisocial behavior. In J. P. Forgas & K. D. Williams (Eds.), *The social self: Cognitive, interpersonal, and intergroup perspectives* (pp. 175-188). New York: Psychology Press.

Vohs, K. D., & **Schmeichel, B. J.** (2002). What makes hope hopeful? The relationship between hope and self-regulation. *Psychological Inquiry, 13*, 318-321.

SELECTED CONFERENCE PRESENTATIONS:

- Schmeichel, B. J.** (2006, November). *Updating working memory or inhibiting predominant response tendencies temporarily reduces the capacity for executive control*. Poster session to be presented at the Annual Meeting of the Psychonomic Society, Houston, TX.
- Schmeichel, B. J.**, Baumeister, R. F., DeWall, C. N., & Vohs, K. D. (2006, January). *Is the conscious self a help, a hindrance, or an irrelevance to the creative process?* Poster session presented at the annual meeting of the Society for Personality and Social Psychology, Palm Springs, CA.
- Schmeichel, B. J.** (2005, May). *Ego depletion reduces working memory capacity*. Paper presented at the annual meeting of the Midwestern Psychological Association, Chicago, IL.
- Baumeister, R. F., Dewall, C. N., & **Schmeichel, B. J.** (2004, April). *Creativity, consciousness, and free will: Experimental findings*. Paper presented at the 6th "Toward a Science of Consciousness" conference sponsored by the Center for Consciousness Studies, Tempe, AZ.
- Schmeichel, B. J.**, Demaree, H. A., & Robinson, J. L. (2004, February). *Exaggerating emotional expression: Physiological and cognitive effects*. Poster session presented at the annual meeting of the Society for Personality and Social Psychology, Austin, TX. (Graduate Student Poster Award – Winner)
- Schmeichel, B. J.**, Demaree, H. A., & Robinson, J. L. (2003, October). *Exaggerating emotions: Physiological correlates and cognitive consequences*. Poster session presented at the annual meeting of the Society for Psychophysiological Research, Chicago, IL.
- Schmeichel, B. J.**, Zhang, L., & Baumeister, R. F. (2003, February). *Self-affirmation prevents ego depletion*. Poster session presented at the annual meeting of the Society for Personality and Social Psychology, Las Angeles, CA. (Graduate Student Poster Award – Honorable Mention)
- Vohs, K. D., & **Schmeichel, B. J.** (2002, October). Self-regulation and the Subjective experience of time. In J. Crocker & J. Greenberg (Chairs), *Selves in Time*. Symposium conducted at the Self Preconference of the annual meeting of the Society for Experimental Social Psychology, Columbus, OH.
- Schmeichel, B. J.** (2002, June). *Self-regulatory exertion impairs higher cognitive functioning*. Poster session presented at the annual meeting of the American Psychological Society, New Orleans, LA.
- Schmeichel, B. J.**, & Vohs, K. D. (2002, February). *The effect of self-regulation on subjective time experience*. Poster session presented at the annual meeting of the Society for Personality and Social Psychology, Savannah, GA.
- Schmeichel, B. J.**, & McIntosh, W. D. (2000, May). *Collectors and collecting: A social-psychological approach*. Poster session presented at the annual meeting of the Midwestern Psychological Association, Chicago, IL.

TEACHING EXPERIENCE:

Instructor: Social Psychology (TAMU) (Fall 2006, Fall 2005)

Instructor: General Psychology (FSU) (Fall 2004)

PROFESSIONAL AFFILIATIONS:

American Psychological Association
Society for Personality and Social Psychology
Association for Psychological Science
International Society for Self and Identity
Society for Psychophysiological Research

Updated October, 2006